

## AMI Policy Book

### Policy 3-4

### Renewing Certification

Certification as a facilitator or trainer must be renewed every three years. If an individual attains a new level of certification, either as a facilitator or trainer during this three year period, their renewal date changes to be three years from the most recent certification.

There are specific requirements for renewal of certification at each level, but only the highest level of certification needs to be renewed .

Certification Level	REQUIREMENTS:
All levels of Facilitator Certification: Traumatic Incident Reduction Facilitator (TIRF) Life Stress Reduction Facilitator (LSRF) Ability Enhancement Facilitator (AEF)	<ul style="list-style-type: none"> <li>➤ Participated in a minimum of 21 hours of trauma or counseling-related continuing education during the past three years. Options include, but are not limited to:               <ul style="list-style-type: none"> <li>• TIR Association Annual Symposium</li> <li>• Applied Metapsychology Workshops such as TIR-EA, LSR, or the Ability Enhancement Workshops (indicate total number of hours for each)</li> <li>• Association of Traumatic Stress Specialists (ATSS) Conferences</li> <li>• Other professional training or conferences on trauma or counseling</li> </ul> </li> </ul>
<b>TIRT</b>	<ul style="list-style-type: none"> <li>➤ Participated in a minimum of 21 hours of trauma or counseling-related continuing education during the past three years. Options include, but are not limited to:               <ul style="list-style-type: none"> <li>• TIR Association Annual Symposium</li> <li>• Applied Metapsychology Workshops such as TIR-EA, LSR, or the Ability Enhancement Workshops (indicate total number of hours for each)</li> <li>• Association of Traumatic Stress Specialists (ATSS) Conferences</li> <li>• Other professional training or conferences on trauma or counseling</li> </ul> </li> <li>➤ Delivered one TIR Workshop</li> </ul>

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<b>LSRT</b>	<ul style="list-style-type: none"> <li>➤ Participated in a minimum of 21 hours of trauma or counseling-related continuing education during the past three years. Options include, but are not limited to:               <ul style="list-style-type: none"> <li>• TIR Association Annual Symposium</li> <li>• Applied Metapsychology Workshops such as TIR-EA, LSR, or the Ability Enhancement Workshops (indicate total number of hours for each)</li> <li>• Association of Traumatic Stress Specialists (ATSS) Conferences</li> <li>• Other professional training or conferences on trauma or counseling</li> </ul> </li> <li>➤ Delivered one each TIR, TIR-EA and LSR Workshop</li> </ul>
<b>AET</b>	<ul style="list-style-type: none"> <li>➤ Participated in a minimum of 21 hours of trauma or counseling-related continuing education during the past three years. Options include, but are not limited to:               <ul style="list-style-type: none"> <li>• TIR Association Annual Symposium</li> <li>• Applied Metapsychology Workshops such as TIR-EA, LSR, or the Ability Enhancement Workshops (indicate total number of hours for each)</li> <li>• Association of Traumatic Stress Specialists (ATSS) Conferences</li> </ul> </li> </ul>
<b>Senior Traumatic Incident Reduction Trainer (STIRT)</b>	<ul style="list-style-type: none"> <li>• Participated in a minimum of 21 hours of trauma or counseling-related continuing education during the past three years. Options include, but are not limited to:               <ul style="list-style-type: none"> <li>• TIR Association Annual Symposium</li> <li>• Applied Metapsychology Workshops such as TIR-EA, LSR, or the Ability Enhancement Facilitator Training Workshops (indicate total number of hours for each)</li> <li>• Association of Traumatic Stress Specialists (ATSS) Conferences</li> <li>• Other professional training or conferences on trauma or counseling</li> </ul> </li> <li>• Delivered six TIR Workshops</li> </ul>

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<p><b>Senior Life Stress Reduction Trainer (SLSRT)</b></p>	<ul style="list-style-type: none"> <li>➤ Participated in a minimum of 21 hours of trauma or counseling-related continuing education during the past three years. Options include, but are not limited to:             <ul style="list-style-type: none"> <li>• TIR Association Annual Symposium</li> <li>• Applied Metapsychology Workshops such as TIR-EA, LSR, or the Ability Enhancement Workshops (indicate total number of hours for each)</li> <li>• Association of Traumatic Stress Specialists (ATSS) Conferences</li> <li>• Other professional training or conferences on trauma or counseling</li> </ul> </li> <li>➤ Delivered nine workshops, including one each TIR, TIR-EA and LSR Workshop</li> </ul>
<p><b>Senior Ability Enhancement Trainer (SAET)</b></p>	<ul style="list-style-type: none"> <li>➤ Participated in a minimum of 21 hours of trauma or counseling-related continuing education during the past three years. Options include, but are not limited to:             <ul style="list-style-type: none"> <li>• TIR Association Annual Symposium</li> <li>• Applied Metapsychology Workshops such as TIR-EA, LSR, or the Ability Enhancement Facilitator Training Workshops (indicate total number of hours for each)</li> <li>• Association of Traumatic Stress Specialists (ATSS) Conferences</li> <li>• Other professional training or conferences on trauma or counseling</li> </ul> </li> <li>➤ Delivered nine workshops, including one each TIR, TIR-EA, LSR and AE level Workshop</li> </ul>