

# AMI Policy Book

## Policy 1-8 Professional Standards

Traumatic Incident Reduction (TIR), Life Stress Reduction (LSR), and Applied Metapsychology (AMP) are principal among the several protected technique and domain names recognized as intellectual property of Applied Metapsychology International (AMI).

AMI alone retains the right to define and, from time to time, to change or update the definition of what does and does not qualify as TIR and all other Applied Metapsychology techniques and programs.

Only those who have been fully trained by an AMI certified trainer and who continue to preserve the integrity of the subject are authorized by AMI to deliver the techniques and programs of Applied Metapsychology or to use the protected technique and domain names of Applied Metapsychology.

The public is advised to rely upon the lists of practitioners of TIR and related services provided on the TIR Association's website ([www.tira.org](http://www.tira.org)). TIRA, the Traumatic Incident Reduction Association, was formed by and is recognized by Applied Metapsychology International as the official membership organization for those practicing TIR and related Applied Metapsychology techniques. The most current sources for information about the availability and training levels of AMI and training service providers can be found on our website at [www.metapsychology.org/training](http://www.metapsychology.org/training)

Regardless of one's other professional background, having been trained and certified as, for example, a TIR facilitator, does not confer the right or privilege of training others in TIR. AMI operates within the custom of requiring appropriate training and certification for each of its service delivery roles. Anyone trained by someone not certified by AMI at the time, who wishes to apply for AMI certification is invited to work with a certified trainer to meet the requirements.

Any practitioner who develops his/her own techniques is expected to label them as such. Someone who feels that s/he has developed a technique which works well and fits into the Applied Metapsychology paradigm may apply to have the technique(s) examined and tested by the AMI Development and Editing Committee to potentially become part of the recognized subject (see also *Policy 2-1 Revisions, Translations, and New Publications of Manuals and Technical Materials*). In this way practitioners can contribute to the ongoing development of the subject. Any technique that does not follow the rules of facilitation and/or consultation will not be considered a part of the methodology of Applied Metapsychology.