



This workshop covers the nature of trauma, the consequences of traumatic incidents, and the Traumatic Incident Reduction (TIR) technique, a one-on-one, highly structured, yet person-centered approach to resolving the emotional charge contained in traumas and permanently eliminating their negative aftereffects in a brief amount of time. It also contains data on how past traumas may be triggered, and how unwanted feelings, emotions, sensations, attitudes, and pains ("themes") arising from past trauma may be traced back to their origins and eliminated.

The workshop also teaches Unblocking, a technique that is highly useful in preparing a client for TIR and for handling issues that are not directly trauma-related relationships. Unblocking can be applied to broad areas of life (e.g. "your self-esteem", "your career", "your relationship with your spouse", etc.).

The TIR Workshop presents a new paradigm of safety and effectiveness for helping others.

Upon completing this training, a practitioner can expect to get good results applying what has been learned. It is recommended that the newly-trained practitioner do a post-workshop internship to quickly raise his/her level of skill and confidence. The internship may be done with the Trainer long-distance.

This workshop is appropriate for all levels of practicing social workers, psychologists, therapists, counselors, clergy, and critical incident stress debriefers.

### TIR is appropriate for use with:

- A person who has a specific trauma or set of traumas that they feel have adversely affected them, whether or not the person carries a formal diagnosis of Post-Traumatic Stress Disorder.
- A person who reacts inappropriately or overreacts in certain situations, which may be caused by some past trauma.
- A person who experiences unaccountable or inappropriate negative emotions, either chronically or in response to certain experiential triggers.

### Objectives:

As demonstrated through examination and supervised activities and examination, the student will be able to:

- Understand Explain the theory of the traumatic network, and the nature and consequences of traumatic incidents
- Understand Explain the theory and practice of Traumatic Incident Reduction and Unblocking
- Demonstrate your ability to apply Traumatic Incident Reduction and Unblocking to a successful result

### Also learn to:

- How to assess the client's readiness for TIR-Traumatic Incident Reduction
- How to use Apply these structured, directive techniques in a client-centered way
- How to re-stimulate Explain how reactivation (triggering) effects clients' everyday lives
- Effective-Master communication exercises to increase rapport with clients

### Prerequisite: None

Time: (Standard) 3-4 days

To obtain an Attendance Certificate for any workshops you must:

- Complete course requirements, including attending all sessions
- Pass the workshop quiz
- Demonstrate competency in the skills taught to the satisfaction of your trainer
- Turn in a completed course evaluation

A standard certificate of attendance will be mailed directly to the graduate from AMI upon receipt of workshop information from the trainer. For those requesting Continuing Education credit from the APA or NASW, or ACE there is a \$10 certificate fee.



### What Graduates are Saying:

- "A great, effective tool to use. Enhanced my clinical listening and objective skills as a clinician. Simple, easy to follow, client centered intervention. Very enlightening and refreshing. Puts a whole new meaning to client centered and not working harder than your clients."  
- H.T., MSW/LCSW
- "A powerful experience that has transformed my thinking about therapy and the proper role of the therapist. I will be a different and better therapist as a result."  
- T.C., M.A.
- "I strongly recommend TIR as a useful new strategy to add to

ones therapeutic armamenta-  
rium"

-M.A., M.D.



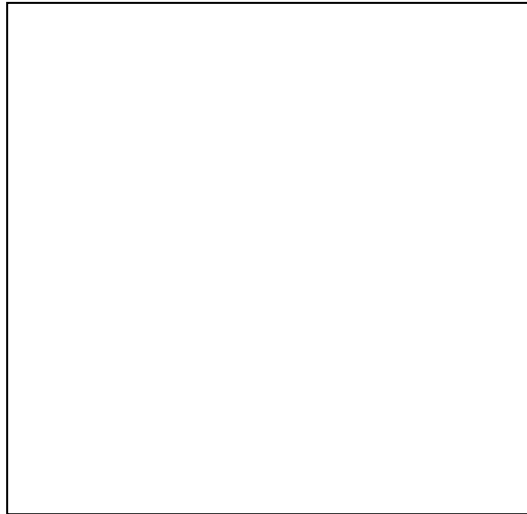
### Continuing Education Credit

This workshop has been approved for continuing education credit by the professional organizations listed below.

- The **Academy of Traumatology**
- The **Association of Traumatic Stress Specialists (ATSS)**
- **Canadian Counseling Association (CCA)**
- Applied Metapsychology International (AMI) is approved by the **American Psychological Association** to sponsor continuing education for psychologists. AMI maintains responsibility for this program and its content.
- **National Association of Social Workers (NASW) [USA]**. This program was approved by the National Association of Social Workers (provider # 886415259) for up to 28 continuing education contact hours.

Contact us (see brochure back panel) for further information and credit [hours units](#)-applicable. ~~CCA forms must be requested at point of registration.~~

### Available Workshop Dates:



**Tuition:**

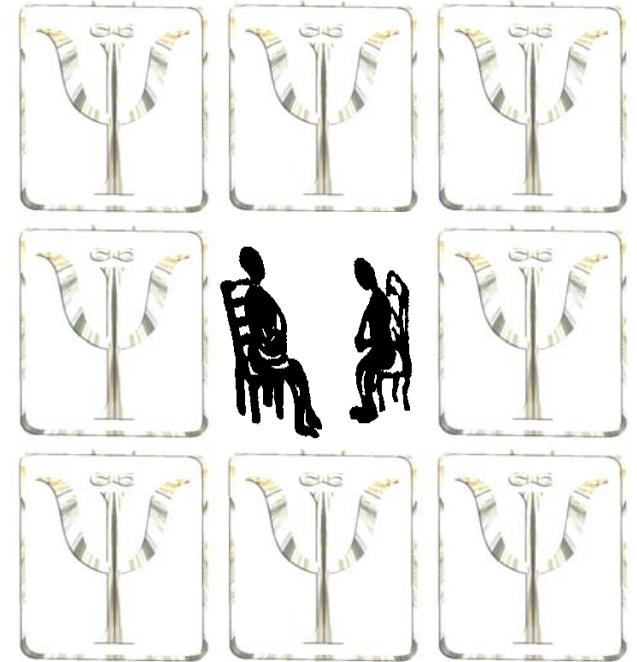
**To Register:**

**Refund Policy:**


Please contact us for accommodation for disabilities.

In case of any dissatisfaction with this workshop, please notify your trainer or the AMI/TRA Director of Continuing Education, (734-761-6861 or info@tir.org) either by phone, email or in writing so that the concern may be addressed in a timely fashion.

## THE TRAUMATIC INCIDENT REDUCTION WORKSHOP



Learn An Effective Technique  
For Resolving  
The Results Of Trauma

Co-Sponsored by **AMI**   
—&  
—Trainer—