



The Schema Program is essentially life planning. It is done in what we call consultation mode, a form of coaching, which unlike other Applied Metapsychology programs, involves some practitioner analysis, while still remaining as person centered as possible.

Schema coaching is a method for use when a client needs motivation, has difficulty choosing a direction in life, is unsure of his/her goals, or has difficulty in reaching goals. Schema work also meets the needs of clients whose lives are too chaotic to allow them to benefit from regular Applied Metapsychology sessions.

This course teaches a systematic approach to examining and streamlining the path to achieving our goals in life. It also provides effective tools for overcoming emotional charge accumulated after past failures and tools for formulating new goals.

This workshop is appropriate for all levels of practicing social workers, psychologists, therapists, counselors, clergy, and critical incident stress debriefers.



The Schema Program is appropriate for use with:

- Clients whose lives are too chaotic to allow them to focus well
- Clients who wish to achieve goals in a specific area of life but have been unable to do so
- Clients who are interested in assessing their lives as a whole, aligning activities to values, and obtaining a new sense of mastery

Objectives:

As demonstrated through ~~examination~~ and-supervised activities and examination, the student will be able to:

- ~~Verbalize understanding of~~ Analyze the life domains (self, intimates, groups, etc.)
- Demonstrate ~~ability to work effectively in consultation mode~~ communication skills necessary to help a client to clarify core values
- ~~Demonstrate ability~~ Apply the Schema Program to ~~guide~~ assist a client ~~into~~ formulating workable plans to fulfill his or her goals

Also learn to:

- ~~To a~~ Apply Schema work to the client's life as a whole or to a specific aspect of it

- ~~To d~~ ifferentiate between a client's stated aims and what s/he is actually doing in life
- Use A dditional techniques to help clients clarify goals, past and present

Prerequisite:

The TIR Workshop [Visit www.tir.org/training or use the contact information on the back of this brochure to find out more about our training line up]

Time: (Standard) 2-3 days

To obtain an Attendance Certificate for any workshops you must:

- Complete course requirements, including attending all sessions
- Pass the workshop quiz
- Demonstrate competency in the skills taught to the satisfaction of your trainer
- Turn in a completed course evaluation

A standard certificate of attendance will be mailed directly to the graduate from AMI upon receipt of workshop information from the trainer. For those requesting Continuing Education credit from the APA, NASW, or ACE there is a \$10 certificate fee.



What Graduates are Saying:

- "Amongst the many approaches to coaching around, the Schema Workshop stands out as the most innovative and effective that I have come across. It is excellent value for money and I wouldn't hesitate to recommend it to any life coach or counselor."

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- “The Schema format is helpful because it really helps clarify thinking. It’s subtle, non-judgmental approach allows the client to reach his/her own conclusions with personal insight in a very direct way.”

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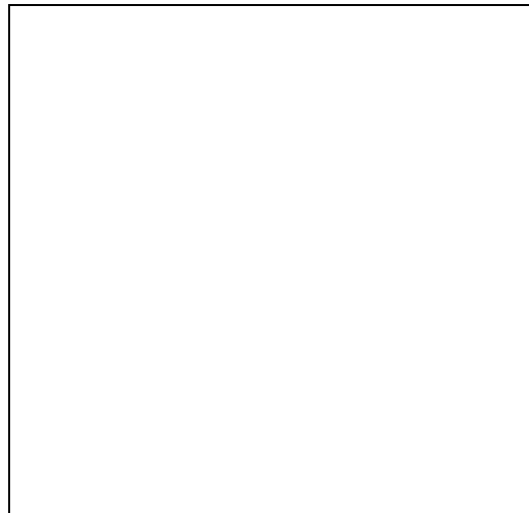
Continuing Education Credit

This workshop has been approved for continuing education credit by the professional organizations listed below.

- ~~The Academy of Traumatology~~
- ~~The Association of Traumatic Stress Specialists (ATSS)~~
- Canadian Counseling Association (CCA)
- Applied Metapsychology International (AMI) is approved by the American Psychological Association to sponsor continuing education for psychologists. AMI maintains responsibility for this program and its content.
- ~~National Association of Social Workers. This program was approved by the National Association of Social Workers (provider # 886415259) for up to 28 continuing education contact hours.~~

Please see contact information on the back of this brochure and contact us for further information and credit hours/units applicable. ~~CCA forms must be requested at point of registration.~~

Available Workshop Dates:



Tuition:

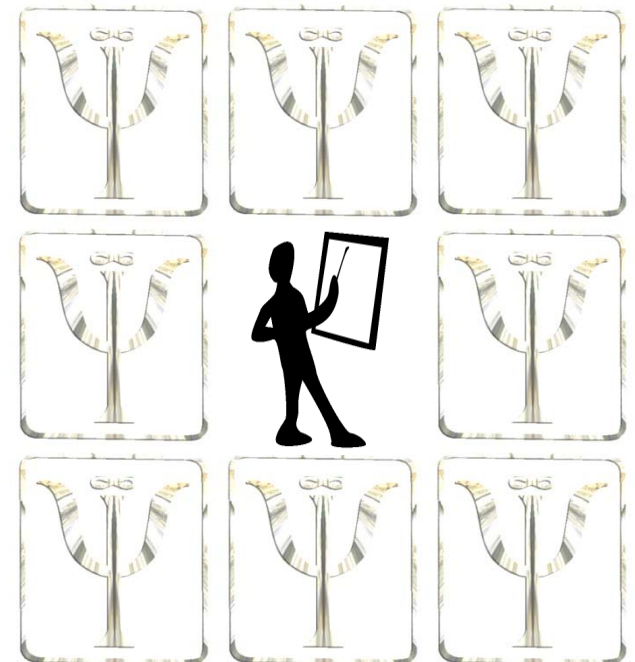
To Register:

Refund Policy:

Please contact us for accommodation for disabilities.


In case of any dissatisfaction with this workshop, please notify your trainer or the AMI/TIRA Director of Continuing Education, (734-761-6861 or info@tir.org) either by phone, email or in writing so that the concern may be addressed in a timely fashion.

THE SCHEMA WORKSHOP



Learn an effective method for helping a client to put

order into life and achieve
goals

Co-Sponsored by AMI 

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—Trainer: