



Policy 3-2
Trainer Certification/Accreditation

There are currently three levels of Trainer Certification/Accreditation:

▪ **TIRW Trainer (TIRT)**

Certified/Accredited TIRW Trainers are approved to deliver the:

- Traumatic Incident Reduction Workshop (TIRW)
- Introduction to the Basics of Applied Metapsychology (IBAM)

TIR Trainers are also approved to supervise others towards

Certification/Accreditation as:

- TIR Facilitator

▪ **Life Stress Reduction Advanced TIR & LSR Trainer**
(LSRATIR&LSRT)

Certified/Accredited Life Stress Reduction Advanced TIR & LSR Trainers are approved to deliver the:

- TIR-Expanded Applications & Life Stress Reduction Techniques (TIR-EAW) Workshop
- Life Stress Reduction Techniques and Case Planning (LSRW) Workshop
- ~~Fundamentals and Techniques of Life Stress Reduction (FLSR) Workshop~~

Life Stress Reduction Advanced TIR & LSR Trainers are also approved to supervise others towards

Certification/Accreditation as:

- Life Stress Reduction Advanced TIR & LSR Facilitator
- TIRW Trainer

When Approved specifically (see Supplemental Workshops below)

Life Stress Reduction Advanced TIR Trainers may also deliver:

- The Schema Workshop
- The Biomonitoring Workshop

▪ **Ability Enhancement Applied Metapsychology Trainer & Technical Director** (**AEMTTD**)

Certified/Accredited Applied Metapsychology Ability Enhancement Trainers & Technical Directors

are approved to deliver the:

- Ability Enhancement Applied Metapsychology Workshops levels 1-8

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- Exploration and Enhanced Report (EER) Workshop
- ~~Applied Metapsychology~~ Ability Enhancement Trainers & Technical Directors are also approved to supervise others towards Certification/Accreditation as:
 - ~~Life Stress Reduction Advanced TIR & LSR~~ Trainer
 - ~~Ability Enhancement Applied Metapsychology~~ Facilitator
 - ~~Applied Metapsychology~~ Ability Enhancement Trainer & Technical Director

All Certified/Accredited Trainers are considered professionals who will act in a professional manner in ~~and~~ all dealings with the public and with each other so as to maintain their own reputes, and that of the subject.

Trainers should follow the *Checklist for Preparing a Trainer for Certification/Accreditation* (found in Section 14 of the AMI/TIRA Trainer Kit) in setting up and working through the supervision or internship of a trainee towards Trainer Certification/Accreditation.

Prerequisites:

CERTIFICATION/ACCREDITATION TITLE:	PREREQUISITES:
TIRW Trainer (TIRT)	<ul style="list-style-type: none"> ➤ Certified/Accredited TIR Facilitator ➤ Completion of TIR-EA Workshop ➤ Completion of the either LSR or FLSR Workshop
Life Stress Reduction Advanced TIR & LSR Trainer (ATIR&LSRT)	<ul style="list-style-type: none"> ➤ Certified/Accredited Life Stress Reduction Advanced TIR Facilitator ➤ Certified/Accredited TIRW Trainer
Ability Enhancement Metapsychology Trainer & Technical Director (AEMTTD)	<ul style="list-style-type: none"> ➤ Certified/Accredited Life Stress Reduction Advanced TIR Trainer ➤ Certified/Accredited Ability Enhancement Metapsychology Facilitator

While an individual must first be Certified/Accredited as a Facilitator at the level for which s/he is applying for Certification/Accreditation as a Trainer, they can begin to train as a Trainer at that level if they are actively pursuing Facilitator Certification/Accreditation at that level.

Supplemental Workshops

Apart from the standard training line-up there are some supplemental workshops (such as the Schema Workshop) that can be useful for working with clients or for adding new skills for Facilitators.

These supplemental workshops do not require a separate Certification/Accreditation process. However Trainers need specific training in these workshops and approval by a Trainer (who is qualified to deliver the program in question) before they can deliver the workshops themselves.

Trainers wishing to add one or more of these supplemental workshops at their level of Certification/Accreditation should set up an internship with a Trainer already approved to deliver the workshop(s) they wish to be approved to lead.

When the supervising Trainer adjudicates that apprentice Trainer has all the skill needed to deliver the workshop(s) in question then the supervising Trainer will fill out and submit the *Supplemental Workshop Approval Form* (found in Section 14 of the Trainer Kit) to AMI/TIRA.

Upon acceptance by the Certification/Accreditation Committee the approval to deliver the workshop(s) will be granted. Both Trainers will be notified that the process is complete, and the Trainer newly approved to deliver the workshop(s) will be given access to the electronic copy of the workshop manual(s).