



## TIR - Expanded Applications & Life-Stress-Reduction Techniques-Workshop

consolidates knowledge and skills gained in the first workshop and goes on from there to add an array of new tools to the facilitator's repertoire. New methods taught in this workshop will benefit a wide range of clients, from those who are fragile/low ego strength to very high-functioning people.

The new techniques learned in this workshop can be used to prepare a client for TIR, to build up ego strength (ability to face life) and develop the client's capacity to successfully address specific areas of life. These techniques also allow a practitioner to write a case plan that is more varied and interesting to a client than one containing only TIR and Unblocking. In addition to providing new tools, this workshop expands the use of TIR itself to fit more situations.

The TIR – Expanded Applications Workshop results in greatly increased confidence and certainty in using TIR and related techniques. It provides the practitioner with the ability to address and resolve a much wider range of human difficulties and preoccupations, including distractions that make it hard for the client to settle comfortably into the work of the session.

*This workshop is appropriate for all levels of practicing social workers, psychologists, therapists, counselors, clergy, and critical incident stress debriefers. While appropriate for use in a therapeutic setting, and while its results may be viewed as therapeutic in nature, Applied Metapsychology, its methods, and techniques, are a form of highly disciplined and structured integrative education, which results in personal improvement. The structure and safety built into the subject make it well suited for community mental health and peer co-counseling.*

## TIR is appropriate for use by:

- Practitioners who want to get the maximum use from TIR
- Practitioners interested in working with issues such as relationships and self-esteem, in addition to trauma work
- Practitioners wanting to learn a simple but elegant method of case planning to produced enhanced results.



## Objectives:

As demonstrated through supervised activities and examination, the student will be able to:

- List and describe techniques to prepare a client who is not yet ready for TIR
- Analyze the theory of remedial techniques
- Demonstrate the use of remedial techniques
- Use unlayering techniques to build ego strength
- Discuss the use of TIR with addiction
- Describe how TIR is applied to complex trauma
- List techniques useful in addressing relationship issues
- Utilize TIR to reduce fear of future events
- Create a basic case plan
- Use these structured, directive techniques in a client-centered way

**Prerequisite:** The TIR Workshop [Visit [www.tirtraining.org](http://www.tirtraining.org) or use the contact information on the back of this brochure to find out more about our training line up]

**Time:** (Standard) 3-4 days

*To obtain an Attendance Certificate for any workshops you must:*

- Complete course requirements, including attending all sessions
- Pass the workshop quiz
- Demonstrate competency in the skills taught to the satisfaction of your trainer
- Turn in a completed course evaluation

A standard certificate of attendance will be mailed directly to the graduate from AMI upon receipt of workshop information from the trainer. For those requesting Continuing Education credit from the APA, NASW, or ACE there is a \$10 certificate fee.



## What Graduates are saying:

- "Great new Tools. Demonstration was very useful. Would love to see and do more."  
-BJ
- "What I really liked about this workshop was the personal and professional growth experience. Very happy with everything."  
-DP
- "...Expanded Applications really makes the basic course come alive."  
-BM

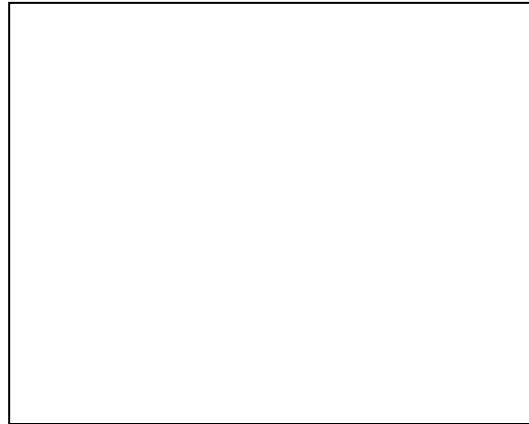


### Continuing Education Credit

This workshop has been approved for continuing education credit by the professional organizations listed below.

- **The Academy of Traumatology**
- **The Association of Traumatic Stress Specialists (ATSS)**
- **Canadian Counseling and Psychotherapy Association (CCPA)**
- Applied Metapsychology International (AMI) is approved by the **American Psychological Association** to sponsor continuing education for psychologists. AMI maintains responsibility for this program and its content.
- **National Association of Social Workers (NASW)** [USA]. This program was approved by the National Association of Social Workers (provider # 886415259) for up to 28 continuing education contact hours.
- The continuing education credit hours for this program can be used towards the annual 12 hours of professional development required by the **Canadian Professional Counsellors Association (CPCA)**

### Available Workshop Dates:



### Tuition:

### To Register:

### Refund Policy:


Please contact us for accommodation for disabilities.

In case of any dissatisfaction with this workshop, please notify your trainer or the AMI Director of Continuing Education, (734-761-6861 or info@tir.org) either by phone, email or in writing so that the concern may be addressed in a timely fashion.

## THE TIR-EXPANDED APPLICATIONS ~~& LIFE~~ ~~STRESS REDUCTION~~ ~~TECHNIQUES~~ WORKSHOP



Learn an Array of New Techniques and New Application of Traumatic Incident Reduction

Co-Sponsored by **AMI**  &